

# ELLINGTON TOWN CRIER

## A SENIOR CENTER NEWSLETTER

Erin R. Graziani, Director  
Noreen Staiger, Assistant  
MaryAnne Mandell, Receptionist  
Van Drivers: Jeanne Magurany  
Clay Farnham and Paul Sawyer

**TELEPHONE**  
**870-3133**

**April**  
**2006**

Ellington Senior Center  
16 Church Street  
Monday: 8:30 am to 6:00 pm  
Tues-Thurs: 8:30 am to 4:00 pm  
Friday: 8:30 am to 1:30 pm

Greetings from the Director—

April Showers bring May flowers! Our Garden Thyme group under the director of volunteer, Nancy Long, Master Gardener is underway!! Join us for the next Garden Thyme meeting at the Senior Center on April 5 at 10:30 a.m. Please refer to the special "Garden Thyme" insert. Please mark your calendar for the Better Age Singers Spring Musical at Ellington High School on April 13 at 1:00 p.m. Our Book Club has changed it's time to 11:00 a.m. on April 18. Little House in the Country daycare children will visit us on April 11 at 9:30 a.m. Blessings to All  
Sincerely,

*Erin R. Graziani*



PS-Look for "Chi Chi Chatter"

### OUT TO LUNCH:

**Date: April 4, 2006**

No van transportation available, meet at restaurant for **noon reservations**.

Restaurant: The Tea House  
in Ellington

To Access the Town Crier  
News & Calendar on the  
Town's website:

**[www.ellington-ct.gov](http://www.ellington-ct.gov)**

- click "Our Town News"
- select "newsletter"
- select "Senior Center"

**VAN NEWS:** Please sign-up for transportation with the Receptionist, if you wish to take the van. **To reserve a ride, please call (870-3133) at least 3 full business days in advance. We can not honor requests for rides left on the answering machine.** First time riders, must fill out "Intake" form prior to your ride.



### Ellington Medical Transportation Services (EMATS)

Transportation services for non-emergency medical appointments for Ellington residents. For reservations call Senior Center Director, Erin Graziani at 870-3133 **at least 3 weeks in advance. Program is funded in part by the Older Americans Act through the North Central Area Agency on Aging.**

### OPENING KNIGHT PLAYERS Ellington High School Drama Society

Presents the play **Charley's Aunt**  
performances May 11, 12 and 13,  
2006. Van available on Sat. May 13  
Help needed w/1890's style costumes, call Mr. Prenetta@716-9155

### Musical Insights

Programs take place on the second & fourth Monday at 6:00 p.m. Transportation available.

**Apr. 10:** "By Popular Request" presenter Pat Stoughton

**Apr. 24:** Program by Mary Regan

### OUTINGS

**Apr. 1:** Evening at the Bushnell-Opera "Cavalleria Rusticana" -Gianni Schicchi

**Apr. 8:** Matinee with the Simsbury Light Opera Co. The Pirates of Penzance -" \$17.00  
Please pay at sign-up

### MEMORIES & CREATIVE WRITING

Meetings return to the evening.. Please join us on the **third Monday of every month at 7:00 p.m.** Next meeting date is April 17, 2006

Everyone is welcome to join in  
anytime!!!!

**HEALTH & WELLNESS NEWS****Blood Pressure Clinics and Diabetic Screening:**

Blood pressures **2nd & 4th Tuesday** from  
1:30-3:00 p.m. Diabetic Screenings

**“New For You”** Exercise class every Monday from  
**9:00 to 10:00 a.m.** Classes \$3.00 for residents; \$4.00 for  
non-residents. Instructor: Alcyone Brennan

**Tai Chi Sword, 24 and Fan:** Every Monday beginning with  
Sword at 10:45 a.m., followed by 24 and Fan at 11:30 a.m. Cost:  
\$3.00 for residents; \$4.00 for non-residents. Ed Evans, Instructor.

**Dancing:**

- **Line Dancing:** Mondays at 1:30 pm
- **Polka/Oberek, , Waltz Dancing :**  
Wednesdays: 2:00-3:30 p.m. w/Adam & Amelia
- **Ballroom Dancing:** Fridays: 1:00-2:00 p.m.

**VETERAN'S NEWS:**

The American Legion Auxiliary members bring  
lap robes (size 40x80) to the V. A. Hospital.  
Anyone who would like to make a robe for the  
Vets, please contact Erin at the Senior Center.  
(870-3133)

**Veteran Contacts:**

VFW– Jim Stemmerman, Commander @ 872-3446 or Services  
Officer Morris Webber @ 875-2613  
American Legion– Leonard Johnson Services Officer @  
871-1498 State Representative Ted C. Graziani @ 240-8531

**BETTER AGE CLUB**

Meetings takes place at the Senior Center  
on the second and fourth Thursday  
**April 13: Better Age Singers Spring  
Musical at Ellington High School. Showt  
time is 1:00 p.m.**

**April 27: Tai Chi performance with  
Ed Evans.**

Van transportation available by calling the  
Senior Center.

**The Better Age Singers**

Rehearsal Dates @ **EHS 10:30-12:15**  
**March 29, April 5 and April 12**

**Performance Schedules:**

**Apr. 13** Spring Musical @ **EHS 1:00 p.m.**  
**Apr. 17** WoodLake @ **10:30 a.m.**  
**Apr. 19** Fox Hill @ **10:15 a.m.**  
**Apr. 24** Village at Buckland @ **10:30 a.m.**  
**Apr. 26** Vernon Manor @ **10:30 a.m.**  
**May 4** Enfield Senior Center @ **2:00 p.m.**  
**Pot Luck Luncheon at Senior Center:**  
**May 3** Better Age Singers Luncheon @  
**Noon**-bring hot or cold dish w/plate setting

**VIDEO OR CLASSIC FILMS**

Classic Film **“Easter Parade”** show time  
**1:30 p.m. on April 20**  
Volunteer: Amelia Kurpat  
**All films take place at the Senior Center.**  
Van available, please reserve ride 1 week  
in advance.

**THE BOOK CLUB**

**April 18:** The World is Flat by Thomas Friedman

**May 16:** The City of Falling Angels by John  
Berendt

**Time: 11:00 a.m.**

**Place: Senior Center**

**Van transportation is available by calling the  
senior center one week prior to the meeting date.**



**MOVIES OR MALL**  
**Tuesday, April 11**



The van goes to the Buckland Mall or to  
the Redstone Cinemas.

**Classic film Mr. Deeds Goes To  
Washington.** Show time is 1:00p.m.

Cost is \$1.00 for admission, popcorn  
and soda.

**Please reserve your ride on the van  
one week ahead.**

**CARDS AND GAMES**

**The Bridge Players:** Tuesdays @ 9:15 a.m.; see Pat Szemplinski or Rosemary Malatesta.

**Evening Cards: Setback:** Tuesdays & Saturdays at 7:00



**Pinochle:** Every Friday at **5:30** See Bob Karlowicz.

**Games Night:** The 1st Monday of every month @6pm; see Joan Randall.

**Mahjongg:** Come join in the fun! Every **Monday @ 1pm** and every **Friday @ 10:00 a.m.**, see Sylvia Kravitz.

**THE CRAFTY CORNER**

**Rose Parent's Sew & So:** 1st and 3rd Thursday @ 9:30 a.m.

**Carolyn's Crafts:** 2nd & 4th Thursday @ 10:00 am

**Lucille's Knitting:** 2nd, 3rd, 4th Tues. @ 2:00 p.m.

**DICK PILLAR'S SPRING FLING**

Aqua Turf Ballroom-**Tuesday, April 25, 2006**

11:00 a.m.– 3:30 p.m.

**Cost: \$ 32.00/person** for meal and entertainment.

**CENTER SCHOOL KIDS  
WELCOME TO THE SENIOR CENTER**


Ms. Cool's 1st graders return on **April 27 at 10:30 a.m.**

Let's share our May Day times with the kids.  
**May Pole Dance!!**

**AMERICAN RED CROSS**

Volunteers needed to help with Blood Drive registration, escort or canteen on **April 6 at Ellington Congregational Church**. Bakers and Sandwich makers are also needed. If you would like to help out let us know at the Senior Center at 870-3133. **THANK YOU**

**ELDERLY OUTREACH SERVICES:** Contact Anna L. Turner, @ 870-3131 for information on programs and services for residents age 60 and older. "Reverse Mortgage-Is it right for you?" Kathryn Freda, Webster Bank and Pam Lombardo Tax Collector -**presentation at the Senior Center on April 6 at 10:00 a.m.** This is very important option for homeowners who are at least 62 years of age. Handout materials. Please sign-up at the Senior Center @870-3133. **NOTE: DEADLINE FOR MEDICARE PART D ENROLLMENT IS MAY 15**

**HOME & COMMUNITY HEALTH CARE, INC.**

Join us at the Senior Center for a series of health presentations from **1:30 to 2:30 p.m.**

**Apr. 19:** Herbal Remedies presenter Nutritionist Ann Chickosky, RD

**June 28:** Alzheimer's Disease presenter Kim Bozzone, RN

**Aug. 23:** COPD, Emphysema, Asthma presenter Kim Bozzone, RN

**BRANSON TRIP DETAILS COMING –MAY NEWSLETTER**

# TRIPS

## 2006

A non-refundable \$10.00 deposit is required at sign-up for all trips. If a deposit is not made, you will be placed on the waiting list. A "Medical Waiver" form for 2006 (pink color) is required. **Payments will be received daily at the Senior Center. Tuesday and Wednesday from 2:00—3:30 p.m., will be designated only at deadline dates for that particular trip.** Parking available at Town Hall for bus pick-up and drop off (at Maple St. entrance). Please be at the pick-up site 15 minutes before departure time posted on each trip.

**April 12 Menopause The Musical.** Luncheon at the "No Name" Restaurant.

**Dec. 6 (Wed) Vienna Choir Boys at The Mohegan Sun Arena;** time at the Casino, a choice of gaming and lunch package and enjoy fabulous seats for the show. Cost \$63.00/person includes everything mentioned in the flyer.